

Nail in the fence



From the desk of ...

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THE 'REAL' REPORT
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AS we embark on a new year, this is the time to reflect on the past year, but more importantly this is also the time to look forward with hope, courage and wisdom to say and do the right things in 2010.

Remember the people who are important to you. There is only one happiness in this life, to love and be loved.

...There once was a little boy who had a bad temper. His father gave him a bag of nails and told him that every time he lost his temper, he must hammer a nail into the back of the fence.

The first day, the boy drove 37 nails into the fence. Over the next few weeks, as he learned to control his anger, the number of nails hammered daily gradually dwindled down. He discovered it was easier to hold his temper than to drive those nails into the fence.

Finally the day came when the boy didn't lose his temper at all. He told his father about it and the father suggested that the boy now pull out one nail for each day that he was able to hold his temper.

“Each new day is like a clean sheet and it's up to you how you choose to live it”

The days passed and the young boy was finally able to tell his father that all the nails were gone. The father took his son by the hand and led him to the fence.

He said, “You have done well, my son, but look at the holes in the fence. The fence will never be the same. When you say things in anger, they leave a scar just like this one. You can put a knife in a man and draw it out. It won't matter how many times you say I'm sorry, the wound is still there.”

A verbal wound is as bad as a physical one.

Today is the first day of the rest of your life. Take each day and see that it's free from memories of bitterness, hate or pettiness. Each new day is like a clean sheet and it's up to you how you choose to live it.

Have a great year.

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